

Boxing Facilities

2016 Edition



Disability
Sport NI

www.dsni.co.uk

Overview

Although only a limited number of people with disabilities are currently involved in the sport of boxing in Northern Ireland, clubs should note that they are legally required to ensure that club facilities are accessible to people with disabilities.

The implementation of the recommendations below will ensure that club facilities are designed to be inclusive of participants, coaches and spectators with disabilities.

Recommended Standards

- A barrier free route from the car park or public transport setting-down point to the boxing club is essential.
- As site specific factors may be applicable, consult Disability Sport NI for required number of accessible car park bays. A minimum 1 no. bay will always be required.
- Pathways should be step free, level wherever possible or have the shallowest possible gradient. Pathway surfaces should be firm, slip resistant and smooth.
- The entrance should have some form of weather protection like a canopy, or recessed entrance (unless automatic doors are installed).
- Suitable toilets and changing rooms should be provided for people with disabilities:
 - Provide 1 no. self-contained unisex wheelchair accessible WC unit.
 - Provide an ambulant accessible toilet cubicle in male and female toilet blocks. Provide lowered wash hand basin in male and female toilet blocks and lowered urinal in the male toilet block, with associated contrasting grabrails.
 - Provide 1 no. self-contained unisex accessible changing/shower/WC room; this may be an acceptable alternative to an incorporated changing provision in the main changing area(s). Where provided, the room should be located within the boxing club, close to the main changing area(s).
 - Consideration should be given to wheelchair accessible incorporated shower and/or changing facilities within the main changing area(s), over and above the required self-contained unisex room provision (particularly in cases where the facility is used for other sports and activities).

- Provide accessible lockers (full height and wheelchair accessible lockers) outside and immediately adjacent to the self-contained unisex accessible changing/shower/WC room.
- Accessible signage is required and is particularly important for people who find communication more difficult (such as people who have a hearing loss or speech difficulties).
- It is likely that there will be a range of equipment and training areas on different floor levels. As such, consideration should be given to the provision of a range of Cardiovascular and Resistance IFI (Inclusive Fitness Initiative) Accredited equipment. Layout should allow for transfer space around each piece of equipment.
- Mirrors should be carefully located and incorporate logos/manifestation to assist partially sighted people.
- Rest seating should be provided (include some loose seats with armrests).

Useful Resources

- ▶ Disability Sport NI Guide 1: Accessible Sports Facilities Design Guidelines (2016 Edition).
- ▶ Disability Sport NI Guide 2: Accessible Sports Facilities Management Guidelines (2016 Edition).

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